Ann & Robert H. Lurie Children's Hospital of Chicago

Convenient Care Asthma Algorithm

INCLUSION

≥ 2 years of age

AND

Current asthma exacerbation

OR

3rd episode of wheezing (patients < 2 y/o)

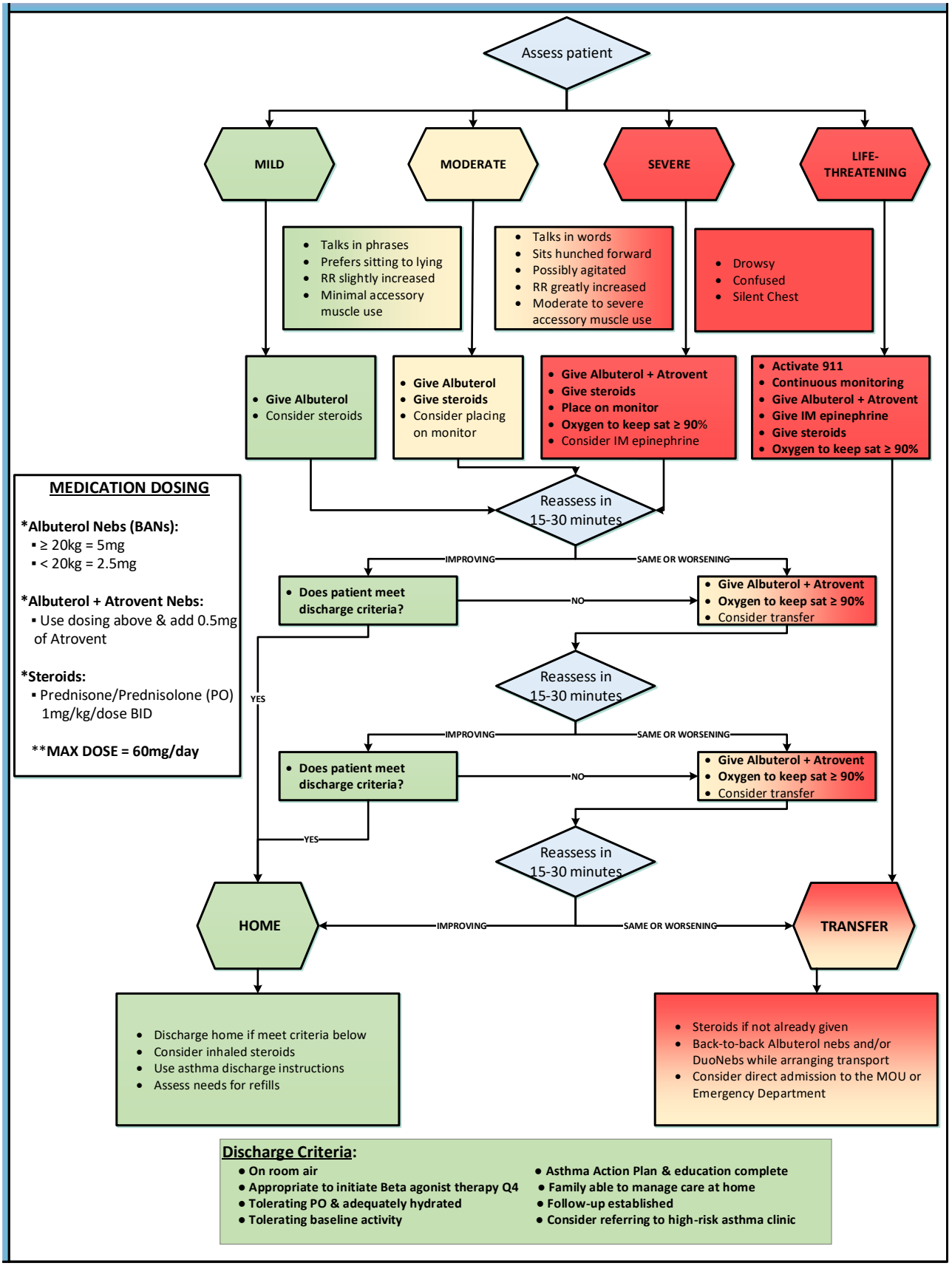
**Per provider discretion: patient < 2 years of age and/or < 3rd episode of wheezing can be placed on pathway if clinically appropriate

EXCLUSION

- Intubated/CPAP /BiPAP
- Active cardiac disease
- Airway abnormalities/ Tracheostomy
- Bronchiolitis
- Cystic Fibrosis
- Neuromuscular Disease
- Prematurity with severe lung disease

Targets

- 1st albuterol < 30 min from arrival
- Steroid < 45 min from arrival
- 3 nebs within 60 min of initiation of care



MEDICATION DOSING

***Albuterol Nebs (BANs):**
- ≥ 20kg = 5mg
- < 20kg = 2.5mg

***Albuterol + Atrovent Nebs:**
- Use dosing above & add 0.5mg of Atrovent

***Steroids:**
- Prednisone/Prednisolone (PO) 1mg/kg/dose BID

****MAX DOSE = 60mg/day**

Discharge Criteria:

- **On room air**
- **Appropriate to initiate Beta agonist therapy Q4**
- **Tolerating PO & adequately hydrated**
- **Tolerating baseline activity**
- **Asthma Action Plan & education complete**
- **Family able to manage care at home**
- **Follow-up established**
- **Consider referring to high-risk asthma clinic**

Last update: 08.05.19 - NJS

This clinical care guideline is meant as a guide for the healthcare provider, does not establish a standard of care, and is not a substitute for medical judgment which should be applied based upon the individual circumstances and clinical condition of the patient.

Evidence

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